

## Shinai Test

1. What is the minimum age for Shinai participation?
  - a) 10 years old
  - b) 12 years old
  - c) 14 years old
  - d) 16 years old
  
2. Which of the following is NEVER allowed in Shinai combat?
  - a) Slashing
  - b) Blocking
  - c) Thrusting
  - d) All of the above.
  
3. When is it acceptable to argue with the Marshall?
  - a) When you know that you are right
  - b) When both combatants disagree
  - c) Both A & B
  - d) Never
  
4. What is acceptable head protection for Shinai combat?
  - a) Football helmet
  - b) Hockey helm
  - c) Fencing mask
  - d) Both B & C
  
5. What is the minimum protection requirement for back of the head?
  - a) Rigid
  - b) Light cloth
  - c) None
  - d) 1/4 inch padding or equivalent
  
6. Is a gorget required for Shinai?
  - a) Yes
  - b) No
  
7. Does a dog- collar gorget meet neck protection requirements?
  - a) Yes
  - b) No

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8. When is rigid kidney protection required?
  - a) Always
  - b) Never
  - c) 12 to 16 years old
  - d) Under 18 years of age
  
9. All skin should be covered at minimum by...
  - a) Chain mail
  - b) Light leather
  - c) 6 oz. Fabric, I.e. t-shirt
  - d) None of the above
  
10. What are the requirements for arm and leg protection?
  - a) Elbow pads
  - b) Knee pads
  - c) Both A & B
  - d) Both are Recommended but not required
  
11. Who is required to wear an athletic cup?
  - a) Men
  - b) Women
  - c) Both A & B
  - d) None of the above
  
12. Which of the following meets the minimum standard for hand protection?
  - a) Gauntlets
  - b) Leather gloves
  - c) Cotton gloves
  - d) None of the above
  
13. What is the minimum blade length of a Shinai weapon?
  - a) 12 inches
  - b) 18 inches
  - c) 20 inches
  - d) 24 inches

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14. Is a Shinai a double edged weapon?
  - a) Yes
  - b) No
  
15. What is the maximum length of a Shinai pole-arm?
  - a) 10 feet
  - b) 8 feet
  - c) 7 feet
  - d) 6 feet
  
16. What is a draw-cut?
  - a) A cross-body slashing blow
  - b) A neck strike
  - c) A pulling back motion with your forward edge in contact
  - d) None of the above
  
17. "When in doubt, fight it out" is used when?
  - a) When you have a disagreement with another combatant
  - b) When you disagree with the Marshall
  - c) When there is no determined winner
  - d) All of the above
  
18. What is the acceptable force of a blow?
  - a) As hard as you can safely swing.
  - b) Hard enough to move your opponent.
  - c) No force greater than to be felt by your opponent
  - d) Up to the combatants.
  
19. Combatants may not enter the field without
  - a) Having signed a liability waiver
  - b) Having proof of qualification (combat card)
  - c) Meeting minimum armor requirements
  - d) Taking the sword oath
  - e) All of the above

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20. The command "hold" means:
- a) Grab on to something
  - b) Don't let go of your weapon
  - c) Stop all combat and take a knee
  - d) Wait to strike your opponent
21. How many warnings will be given for use of excessive force:
- a) 2
  - b) 4
  - c) 1
  - d) 3
22. The command "lay on" means:
- a) Begin combat
  - b) Stop combat
  - c) Get ready to fight
  - d) Lay down
23. When is it OK to strike at an opponent's hand:
- a) Never
  - b) When they are using it offensively
  - c) When they are using it defensively
  - d) Anytime
24. When can a combatant strike an archer:
- a) While they are firing
  - b) Never
  - c) Whenever they want
  - d) If they are about to get shot
25. You may strike an opponent while laying on the ground
- a) True
  - b) False